



**Sermon:** "Suffering Well" (by Matt Howard)

**Text:** Psalm 31

**Date:** Preached on November 20, 2011

**Fighter Verse**

Psalm 125:1-2

**Personal/Experience**

Suggested time: 5-10 min.

Read Psalm 31 together. What was/is your response to this text or sermon?

**Observation: What does the text say?**

Suggested time: 5 min.

List the different types of suffering that David experienced that may have informed the writing of Psalm 31:

**Interpretation: What does the text mean?**

Suggested time: 5-10 min.

1. What do we learn about God?
2. What do we learn about suffering?
3. What do we learn about mankind?

**Application: What does the text mean for us today?**

Suggested time: 30 min.

How can we apply the pattern of suffering well that David gives us in Psalm 31?

Vs. 1-6

Vs. 7-8

Vs. 9-13

Vs. 14-18

Vs. 19-21

Vs. 22

Vs. 23-24